

CRPA AQUATIC SECTION--AQUATIC TRAINING LIST

				updated 1/31/2012
Call the numbers listed to find out more on registration, fees, course information and other course requirements.				
See the section on indoor and outdoor aquatics facilities. Contact facility for class offerings.				
LIFEGUARDING COURSES (r.06)				
Lifeguard Modules, Lifeguard Management				
Lifeguarding (must be at least age 15 on or before the final class)				
Dates:	Day/Time:	Location:	Offered by:	Contact information:
Jan. 31-March 30	Tues. & Fri., 6:30-9pm	Plainville High School	Parks and Recreation	860-747-6022
Feb. 6-17	Mon., Tues., Thurs., Fri. 6-10pm	Danbury	Regional YMCA	Richard Bell 203-744-1000 x106 rbell@regionalymca.org
All run by Fairfield YMCA:				
Feb. 19-25	Sunday-Saturday	Fairfield	Fairfield YMCA	203-255-2834 x 2318 mscinto@cccymca.org
Feb. 19-April 1	Sundays			
March 26-April 13	Monday, Wednesday, Friday			
April 7-May 20	Sundays			
April 15-21	Sunday-Saturday			
June 3-July 15	Sundays			
June 15-23	various			
July 21-August 11	Saturday and Sunday			

Dates:	Day/Time:	Location:	Offered by:	Contact information:
Lifeguarding Challenge (for soon to expire, but still current in Lifeguarding)				
All run by Fairfield YMCA	Tuesday & Thursday	Fairfield	Fairfield YMCA	203-255-2834 x 2318 mscinto@cccymca.org
Feb. 7 & 9				
March 6 & 8				
April 10 & 12				
May 1 & 3				
June 5 & 7				
Lifeguarding Bridge to Waterfront Lifeguarding (for those with current Lifeguarding and need Waterfront)				
Lifeguard Management				
Waterfront Lifeguarding (must be at least 15 on or before final class)				
Sunday	May 13 and 20, 9am-5pm	Lake Osceola	WML Aquatics LLC	917-334-8512 info@wmlaquatics.com

Waterfront Lifeguarding Challenge (for soon to expire, but still current in Waterfront Lifeguarding)				
Waterfront Lifeguarding Review				
Waterpark Lifeguarding (must be at least age 15 on or before the final class)				
Shallow Water Attendant (must be at least age 15 on or before the final class)				
Lifeguard Management (no prerequisites, a great course for head guards and managers)				
Dates:	Day/Time:	Location:	Offered by:	Contact information:
CPR/AED for the Professional Rescuer				
All run by Fairfield YMCA	Tuesday & Thursday	Fairfield	Fairfield YMCA	203-255-2834 x 2318 mscinto@cccymca.org
Feb. 7 & 9				
March 6 & 8				
April 10 & 12				
May 1 & 3				
June 5 & 7				
CPR/AED for the Professional Rescuer REVIEW				
CPR/AED for Lifeguards CHALLENGE				
		All run by Fairfield YMCA		
	Saturday	Fairfield	Fairfield YMCA	203-255-2834 x 2318 mscinto@cccymca.org
March 3, 17, 31				
April 14, 21, 28				
May 5, 12, 19				
CPR/AED-Adult, Child, Infant-Lay Responder				
Oxygen Administration				
Water Safety Class	"Your Home Doesn't Come with a Lifeguard"			

INSTRUCTOR COURSES

Water Safety, Lifeguarding, Etc.

Dates:	Day/Time:	Location:	Offered by:	Contact information:
Fundamentals of Instructor Training (FIT) Required for any Instructor Certification				
Water Safety Instructor (Must be at least age 16, have another Red Cross instructor certification or take the Red Cross Fundamentals of Instructor (FIT) course, and pass a swimming test.)				
Jan. 31-Feb. 17	Tuesday and Friday, 5-9pm	Shelton Community Center Pool	Park and Recreation Dept.	203-925-8422 www.cityofshelton.org
Feb. 1-March 29	Wed. & Thurs., 6:30-9pm	Plainville High School	Parks and Recreation Dept.	860-747-6022
Feb. 24-March 17	Friday 5-9pm and Saturday 8am-1pm	Shelton Community Center Pool	Park and Recreation Dept.	203-925-8422 www.cityofshelton.org
March 27-April 12	Tues. & Thurs., 6-10pm	Fairfield	Fairfield YMCA	203-255-2834 x 2318 mscinto@cccymca.org
Lifeguarding Instructor (Must be at least age 17, have another Red Cross instructor certification or take the Red Cross Fundamentals of Instructor (FIT), and pass a pre course session.)				

<i>Year round Locations; use contact info. below to find out more about when the next classes will be held:</i>			
Bristol	Parks & Recreation	860-584-6160	Lifeguarding classes, Water Safety Instructor
Cheshire	Parks & Recreation	203-272-2743	Lifeguarding classes, Water Safety Instructor
East Hartford	Parks & Recreation	860-291-7160	WSI, Lifeguarding, Waterfront Lifeguarding
East Lyme	Nutmeg Aquatics	860-691-4681	www.nutmegaquatics.com
Glastonbury	Parks & Recreation	860-652-7679	Lifeguarding, WSI
Granby	Farmington Valley YMCA	860-653-5524	Water Safety Instructor, Lifeguarding classes
Greenwich	YMCA of Greenwich	203-869-1630	WSI, Waterfront
Hebron	Hemlocks Rec. Center	860-228-9496 x313	Lifeguarding
Mansfield	Mansfield Comm. Center	860-429-3015	Lifeguarding classes
Manchester	Parks & Recreation	860-647-3084	Lifeguarding, WSI
Meriden	Parks & Recreation	203-630-4259	Indoor and outdoor pools
Meriden	YMCA	203-235-6386	Lifeguarding and WSI
Newington	Parks & Recreation	860-665-8666	Lifeguarding classes
Norwich	Southeastern CT YMCA	860-889-7349	Lifeguarding classes
Orange	Orange Parks & Recreation	203-891-4740	Year-round classes in LG and WSI
Plainfield	Parks & Recreation	860-564-1819	Lifeguarding
Plainville	Parks & Recreation	860-747-6022	Lifeguarding classes, springtime WSI
Rocky Hill	Parks & Recreation	860-258-2772	Lifeguarding, WSI
Shelton	Parks & Recreation	203-925-8422	WSI, Lifeguarding, Challenges year-round training
Southington	YMCA	860-628-5597	Red Cross and 'Y' lifeguarding offered
Wallingford	Faulkner Physical Therapy	203-265-0018 x260	Water Safety Instructor, Lifeguarding classes
Wallingford	YMCA	203-269-4497	Lifeguarding classes
Waterford	Parks & Recreation	860-444-5881	Lifeguarding
West Hartford	Cornerstone Aquatics	860-521-3242	Lifeguarding classes
West Hartford	Jewish Community Center	860-236-4571	Lifeguarding
West Hartford	Saint Joseph College	860-231-5410	Lifeguarding
Westbrook	Valley Shore YMCA	860-399-9622	call for details
Westin	Parks & Recreation	203-222-2588	Lifeguarding, WSI
Westport	YMCA	203-226-8981	Lifeguarding
Wethersfield	Parks & Recreation	860-721-2890	Lifeguarding programs
Wilton	YMCA	203-762-8384	Lifeguarding
Winsted	Northwest YMCA	860-379-0708	Lifeguarding classes

Small Craft Contacts			
Zoar Outdoor	800-532-7483	Mass ACA Kayaking, Canoeing	www.zoaroutdoor.com
Camp Chiqueka	860-567-9678	Litchfield, June aquatic/small craft cam	
New Milford Parks & Recreation	203-355-6050	New Milford, rowing workshop	
New Haven Recreation	203-946-6768	Lighthouse Pt. Park, call for clinics and demo days	
Trading Post	860-354-3276	Paddle days, www.tp-kayaks.com	
Collinsville Canoe & Kayak	860-693-6977	Canton, April, June, and Oct. demo days tours, classes, demo days, www.cckstore.com	
Willimantic River Fest	860-423-6389	Watch local papers or send a message to Willimantic River Alliance, wralliance@yahoo.com	
North Cove Outfitters	860-388-6585	Late April/early May, lessons available, call for details	
US Sailing Association	401-6830800	Find out about sailing and counselor courses. http://www.ussailing.org	
Sound Sailing Center	203-838-1110	Norwalk, US Sailing Instructor, see http://soundsailingcenter.com	
Bristol Reg. Environmental Center	860-583-1234	Bristol, call for info to see if canoeing courses offered	
Boating Education	860-434-8638	Find out more at http://dep.state.ct.us , then education & outreach	
Mattabeset River Watershed	860-667-9233	Cromwell area-July/August trips, all levels welcome	
Machias Adventures	203-227-7337	Mass-Conn area fall day canoe trips, www.machiasadventures.com	
Sea Kayaking Tours/lessons	845-246-2187	New York/Conn area, www.atlantickayaktours.com	
Annsville Creek Paddle sport	914-739-2588	Hudson River areas, April-Oct., annsville@atlantickayaktours.com	
British Canoe Union	845-246-6817	New York/Conn Area, coaching certs, www.BCUNA.com	
New England Outing Club	860-621-2860	Conn. & New England, canoe/raft trips, info@conngmc.com	
Westfield Water Sports	413-569-1287	kayaking lessons, trips; adventures@weu.com	
CT Appalachian Mt. Club	203-221-7439	Lessons, skills for flat water & white water www.ct-amc.org	
Other Special Aquatic Programs/or Events			
Lifeguard Competition	www.crpa.com	Connecticut Parks and Recreation Association, annual event	
Riverfront Recapture	860-713-3131	Htfd-Rowing, Sculling, Sweep Programs, Regatta, Rowing Clinics	
	www.riverfront.org		
Aquatic Exercise Association	888-AEA-WAVE	Check Website for more info: http://aeawave.com	
Swiftwater Rescue-NH	603-827-4139	Lifesaving resources, http://lifesaving.com	
Water Rescue Tech	603-827-4139	For more info: http://lifesaving.com	
Aquatic Safety seminars	603-827-4139	Lifesaving resources, http://lifesaving.com	
US Water Fitness Association	561-732-9908	http://www.uswfa.com ; info@uswfa.org	
Certified Pool Operator	719-540-9119	Various dates: see http://nspf.com for more information	
Aquatic Facility Operator	800-626-6772	See National Recreation and Parks Association at http://www.nrpa.org	
US Sport Center/Springfield	413-748-3709	Springfield College- persons w/disabilities/adaptive aquatics/sports	
WML Aquatics LLC	917-334-8512	Westchester, NY; lifeguarding, WSI and CPR classes; www.wmlaquatics.com	

Connecticut Contacts to call for more information regarding upcoming aquatic and water safety training courses:			
Connecticut Chapter	860-447-3248		visit http://charteroak.redcross.org
Connecticut area- Red Cross	877-287-3327	Connecticut: Toll-free to all Conn. Red Cross Chapters http://ctredcross.org	
Fairfield County Red Cross		Connecticut	www.ctredcrossclasses.org
Bloomfield Recreation	860-243-2923	Bloomfield	Summer aquatic programs
Branford Parks & Recreation	203-488-8304	Branford	Spring LG & WSI
Bristol Parks & Recreation	860-584-6160	Bristol	Lifeguarding, spring/summer WSI, call for info
Canton Parks & Recreation	860-693-5808	Canton	Summer Lifeguarding classes
Camp Chinqueka	860-567-9678	Litchfield	June aquatic/small craft camp
Cheshire Parks & Recreation	203-271-3208	Cheshire	WSI, LG year round, call for more details
Cornerstone Aquatics	860-521-3242	West Hartford	Indoor, year-round courses
Coventry Parks & Recreation	860-742-4068	Coventry	Lakefront
East Hartford Parks & Recreation	860-291-7160	East Hartford	WSI, Lifeguarding, Waterfront Lifeguarding
East Lyme- Nutmeg Aquatics	860-691-4681	East Lyme	www.nutmegaquatics.com
Farmington Field Club	860-6771209	Farmington	Early summer, Lifeguarding
Faulkner Physical therapy	203-265-0018 x260	Wallingford	Lifeguarding, WSI
Geer YMCA	860-824-2788	North Canaan	Call for more information
Glastonbury Parks & Recreation	860-652-7679	Glastonbury	Spring WSI, also Lifeguarding
Goshen/Woodridge Lake	860-491-3424	Goshen	Summer aquatic programs
Groton (sub-base)	860-694-3562	Groton	Call for information
Hemlocks Recreation Center	860-228-9496 x313	Hebron	Lifeguarding fall/spring, call for more info
Jewish Community Center	860-236-4571	West Hartford	Lifeguarding
Litchfield Parks & Recreation	860-567-7569	Bantam Lake	Summer aquatic programs
Manchester Parks & Recreation	860-647-3164	Manchester	Lifeguarding, WSI
Mansfield Community Center	860-429-3015	Storrs/Mansfield	Lifeguarding programs
Marlborough Parks & Recreation	860-295-6203	Blish Park	Summer aquatic programs
Meriden Parks & Recreation	203-630-4259	Meriden	Call for information
Meriden YMCA	203-235-6386	Meriden	Call for information
Mid-Fairfield Red Cross	203-227-9505 x25	Westport	Lifeguarding, WSI
Mystic YMCA	860-536-3575	Mystic	YMCA Lifeguarding (also see Westerly Y)

New London Parks & Recreation	860-447-5230	New London	Lifeguarding (late spring, call for details)
Newington Recreation	860-665-8666	Newington	Lifeguarding, WSI, call for information
Northwest YMCA	860-379-0708	Winsted	Call for information
Norwalk Parks & Recreation	203-854-7806	Norwalk	Call for information
Orange Parks & Recreation	203-891-2188	Orange	year-round classes in LG & WSI
Plainfield Parks & Recreation	860-564-1819	Plainfield	Indoor Facility, Lifeguarding
Plainville Parks & Recreation	860-747-6022	Plainville	Lifeguarding, WSI
Plymouth Recreation	860-585-4031	Plymouth/Terryville	Summer Lifeguarding
Preston Parks & Recreation	860-889-2482	Preston	Early summer training, call for info.
Rocky Hill Parks & Recreation	860-258-2772	Rocky Hill	Lifeguarding, WSI, call for information
School of Swimming	860-563-2804	Rocky Hill	Summer Lifeguarding and swim lessons
Shelton Parks & Recreation	203-925-8422	Shelton	A variety of year-round training
Shoreline Foundation	203-458-6612	Madison	AquaDome, call for a variety of programs
Simsbury Parks & Recreation	860-658-3255	Simsbury	Outdoor facility, call for information
Southeastern CT YMCA	860-889-7349	Norwich	On-going Lifeguarding classes
Southington YMCA	860-628-5597	Southington	Red Cross and 'Y' Lifeguarding offered
So. Windsor Parks & Recreation	860-648-6355	So. Windsor	Summer aquatic programs
Stafford Parks & Recreation	860-684-5367	Staffordville Lake	June WSI, summer Lifeguarding
Valley Shore YMCA	860-399-9622	Westbrook	e-mail to Jkeogh@vsymca.org
Vernon Parks & Recreation	860-870-3520	Vernon	Outdoor facility, call for information
Wallingford YMCA	203-269-4497	Wallingford	Call for information
Waterford Parks & Recreation	860-444-5881	Waterford	Lifeguarding, WSI, call for details
West Hartford Leisure	860-561-7510	West Hartford	Summer Lifeguarding
Western Conn Red Cross	203-792-8200	Danbury	June programs, call for details
Western Conn State University	203-837-8624	Danbury	Call for more information
Wethersfield Parks & Recreation	860-721-2890	Wethersfield	Lifeguarding programs, call for details
Winding Trails, Inc.	860-677-8229	Farmington	June/July WSI, summer Lifeguarding

To add additional information contact Livia Jacobs at ljacobs@ci.rocky-hill.ct.us or call 860-258-2784