

CRPA AQUATIC SECTION--AQUATIC TRAINING LIST

			updated 9/2/10
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Call the numbers listed to find out more on registration, fees, course information and other course requirements.
See the section on indoor and outdoor aquatics facilities. Contact facility for class offerings.

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LIFEGUARDING COURSES (r.06)

Lifeguard Modules, Lifeguard Management

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Lifeguarding (must be at least age 15 on or before the final class)

Dates:	Day/Time:	Location:	Offered by:	Contact information:
September 7-October 23	Tuesdays, 6-9pm and Saturdays, 8:30-11:30am	Granby	Farmington Valley YMCA	Charlie Austin 860-653-5524 charlie.austin@ghymca.org
September 12-October 24	Sunday, 10am-4pm	Stratford YMCA	YMCA	Jeanine 203-375-5844
September 12-October 3	Sunday, 9am-5pm	Wilton YMCA	YMCA	Allison Reid allison_orton@hotmail.com
September 20-October 28	Monday and Thursday, 6:30-9pm	Danbury	Regional YMCA of Western CT	Richard Bell rbell@regionalyymca.org 203-744-1000 x 106
September 28-October 5	Tuesday and Thursday, 5-10pm	Stamford YMCA	Red Cross	www.ctredcross.org
October 26-December 18	Tuesdays, 6-9pm and Saturdays, 8:30-11:30am	Granby	Farmington Valley YMCA	Charlie Austin 860-653-5524 charlie.austin@ghymca.org
November 7-28	Sunday, 9am-5pm	Wilton YMCA	YMCA	Allison Reid allison_orton@hotmail.com

<u>Lifeguarding Challenge</u> (for soon to expire, but still current in Lifeguarding)				
<u>Lifeguard Review</u>				
December 22	Sunday, 10am-6pm	Westport Y	Red Cross	www.ctredcross.org
<u>Waterfront Lifeguarding</u> (must be at least 15 on or before final class)				
Sept. 11-Oct. 31	Saturday, 9/11, 18, 25, 10/2, 9, 16 and 23, 3-7pm; Sunday, 10/31, 9am-2pm	Greenwich	YMCA of Greenwich	203-869-1630 x 306 Betsy Culeman bculeman@gwymca.org
<u>Waterfront Lifeguarding Challenge</u> (for soon to expire, but still current in Waterfront Lifeguarding)				
<u>Waterfront Lifeguarding Review</u>				
<u>Waterpark Lifeguarding</u> (must be at least age 15 on or before the final class)				
<u>Shallow Water Attendant</u> (must be at least age 15 on or before the final class)				
<u>Lifeguard Management</u> (no prerequisites, a great course for head guards and managers)				
<u>CPR/AED for the Professional Rescuer</u>				
<u>CPR/AED for the Professional Rescuer REVIEW</u>				
<u>CPR/AED for the Professional Rescuer CHALLENGE</u>				
<u>CPR/AED-Adult, Child, Infant-Lay Responder</u>				
<u>Oxygen Administration</u>				

INSTRUCTOR COURSES

Water Safety, Lifeguarding, Etc.

Fundamentals of Instructor Training (FIT) Required for any Instructor Certification				
Water Safety Instructor (Must be at least age 16, have another Red Cross instructor certification or take the Red Cross Fundamentals of Instructor (FIT) course, and pass a swimming test.)				
September 11-23	Sept. 11 & 18, 10am-2pm; Sept. 14, 16, 21 & 23, 6-10pm	Masuk High School, Monroe	Red Cross	www.ctredcross.org
October 6-November 17	Wednesday, 5-10pm	Greenwich	YMCA of Greenwich	203-869-1630 x 306 Betsy Culeman bculeman@gwymca.org
October 17-November 21	Sunday, 10am-3pm	Stratford YMCA	Red Cross	www.ctredcross.org
December 26-30	Dec. 26, 2-5pm; Dec. 27-30, 9am-5pm	Greenwich	YMCA of Greenwich	203-869-1630 x 306 Betsy Culeman bculeman@gwymca.org
Lifeguarding Instructor (Must be at least age 17, have another Red Cross instructor certification or take the Red Cross Fundamentals of Instructor (FIT), and pass a pre course session.)				
Dates:	Day/Time:	Location:	Offered by:	Contact information:

<i>Year round Locations; use contact info. below to find out more about when the next classes will be held:</i>			
Bristol	Parks & Recreation	860-584-3837	Lifeguarding classes, Water Safety Instructor
Cheshire	Parks & Recreation	203-271-3208	Lifeguarding classes, Water Safety Instructor
East Hartford	Parks & Recreation	860-528-1458	WSI, Lifeguarding, Waterfront Lifeguarding
East Lyme	Nutmeg Aquatics	860-691-4681	www.nutmegaquatics.com
Glastonbury	Parks & Recreation	860-652-7679	Lifeguarding, WSI
Granby	Farmington Valley YMCA	860-653-5524	Water Safety Instructor, Lifeguarding classes
Greenwich	YMCA of Greenwich	203-869-1630	WSI, Waterfront
Hebron	Hemlocks Rec. Center	860-228-9496 x313	Lifeguarding
Mansfield	Mansfield Comm. Center	860-429-3015	Lifeguarding classes
Mansfield	Holiday Hill Day Camp	860-678-4324	Registration through the American Red Cross
Manchester	Parks & Recreation	860-647-3164	Lifeguarding, WSI
Meriden	Parks & Recreation	203-630-4259	Indoor and outdoor pools
Meriden	YMCA	203-235-6386	Lifeguarding and WSI
Newington	Parks & Recreation	860-665-8666	WSI, Lifeguarding classes
Norwich	Southeastern CT YMCA	860-889-7349	Lifeguarding classes
Orange	Orange Parks & Recreation	203-891-2188	Year-round classes in LG and WSI
Plainfield	Parks & Recreation	860-564-1819	Lifeguarding
Plainville	Parks & Recreation	860-747-6022	Lifeguarding classes, springtime WSI
Rocky Hill	Parks & Recreation	860-258-2772	Lifeguarding, WSI
Shelton	Parks & Recreation	203-925-8422	WSI, Lifeguarding, Challenges year-round training
Southington	YMCA	860-628-5597	Red Cross and 'Y' lifeguarding offered
Wallingford	Faulkner Physical Therapy	203-265-0018 x260	Water Safety Instructor, Lifeguarding classes
Wallingford	YMCA	203-269-4497	Lifeguarding classes
Waterford	Parks & Recreation	860-444-5881	Lifeguarding
West Hartford	Cornerstone Aquatics	860-521-3242	Lifeguarding classes
West Hartford	Jewish Community Center	860-236-4571	Lifeguarding
West Hartford	Saint Joseph College	860-232-4571	Lifeguarding
Westbrook	Valley Shore YMCA	860-399-9622	call for details
Westin	Parks & Recreation	203-222-2588	Lifeguarding, WSI
Westport	YMCA	203-226-8981	Lifeguarding
Wethersfield	Parks & Recreation	860-721-2890	Lifeguarding programs
Wilton	YMCA	203-762-8384	Lifeguarding
Winsted	Northwest YMCA	860-379-0708	Lifeguarding classes

Small Craft Contacts paddle days, educational sessions, craft demo days, etc., call for details			
Zoar Outdoor	800-532-7483	Mass ACA Kayaking, Canoeing	www.zoaroutdoor.com
Camp Chinqueka	860-567-9678	Litchfield, June aquatic/small craft cam	
New Milford Parks & Recreation	203-355-6050	New Milford, rowing workshop	
New Haven Recreation	203-946-6768	Lighthouse Pt. Park, call for clinics and demo days	
Trading Post	860-354-3276	Paddle days, www.tp-kayaks.com	
Collinsville Canoe & Kayak	860-693-6977	Canton, April, June, and Oct. demo days tours, classes, demo days, www.cckstroe.com	
Willimantic River Fest		watch local papers or send a message to wimmantriver Alliance, wralliance@yahoo.com	
North Cove Outfitters	860-388-6585	Late April/early May, lessons available, call for details	
US Sailing Association	401-6830800	Find out about sailing and counselor courses, http://www.ussailing.org	
Sound Sailing Center	260-838-1110	Norwalk, US Sailing Instructor, see http://soundsailingcenter.com	
Bristol Reg. Environmental Center	860-583-1234	Bristol, call for info to see if canoeing courses offered	
Boating Education	860-434-8638	Find out more at http://dep.state.ct.us, then education & outreach	
Mattabeset River Watershed	860-667-9233	Cromwell area-July/August trips, all levels welcome	
Machias Adventures	203-7337	Mass-Conn area fall day canoe trips, www.machiasadventures.com	
Sea Kayaking Tours/lessons	845-246-2187	New York/Conn area, www.atlantickayaktours.com	
Annsville Creek Paddle sport	914-793-2588	Hudson River areas, April-Oct info@paddlesportcenter.com	
British Canoe Union	845-246-2187	New York/Conn Area, coaching certs, www.BCUNA.com	
New England Outing Club	860-227-6207	Conn & New England, canoe/raft trips, newengoutingclub@aol.com	
Westfield Water Sports	1-413-569-1287	Toll-free 1-888-WE-CLIMB, kayaking lessons, trips	
CT Appalachian Mt. Club	203-221-7439	Lessons, skills for flat water & white water www.ct-amc.org	
Other Special Aquatic Programs/or Events			
Lifeguard Competition	www.crpa.com	Connecticut Parks and Recreation Association, annual event	
Riverfront Recapture	860-713-3131	Htfd-Rowing, Sculling, Sweep Programs, Regatta, Rowing Clinics	
	www.riverfront.org		
Aquatic Exercise Association	888-AEA-WAVE	Check Website for more info: http://aeawave.com	
Swiftwater Rescue-NH	603-827-4139	Lifesaving resources, http://lifesaving.com	
Water Rescue Tech	603-827-4139	For more info: http://lifesaving.com	
Aquatic Safety seminars	603-827-4139	Lifesaving resources, http://lifesaving.com	
US Fitness Association	561-732-9908	http://www.uswfa.com; uswfa@aol.com	
Certified Pool Operator	888-858-0784	Various dates: see http://nspf.com for more information	
Aquatic Facility Operator	703-858-0784	See National Recreation and Parks Association at http://www.nrpa.org	
US Sport Center/Springfield	413-748-3709	Springfield College- persons w/disabilities/adaptive aquatics/sports	
WML Aquatics LLC	917-334-8512	Weschester, NY; lifeguarding, WSI and CPR classes; www.wmlaquatics.com	

Connecticut Contacts to call for more information regarding upcoming aquatic and water safety training courses:				
Charter Oak Chapter		860-678-4324		877-243-5727: Toll-free or visit http://charteroak.redcross.org
Connecticut area- Red Cross		877-287-3324		Connecticut: Toll-free to all Conn. Red Cross Chapters http://ctredcross.org
Fairfield County Red Cross			Connecticut	www.ctredcrossclasses.org
Bloomfield Recreation		860-243-2923	Bloomfield	Summer aquatic programs
Branford Parks & Recreation		203-488-8304	Branford	Spring LG & WSI
Bristol Parks & Recreation		860-584-3836	Bristol	Lifeguarding, spring/summer WSI, call for info
Canton Parks & Recreation		860-693-5808	Canton	Summer Lifeguarding classes
Camp Chinqueka		860-567-9678	Litchfield	June aquatic/small craft camp
Cheshire Parks & Recreation		203-271-3208	Cheshire	WSI, LG year round, call for more details
Cornerstone Aquatics		860-521-3242	West Hartford	Indoor, year-round courses
Coventry Parks & Recreation		860-742-4068	Coventry	Lakefront
East Hartford Parks & Recreation		860-528-1458	East Hartford	WSI, Lifeguarding, Waterfront Lifeguarding
East Lyme- Nutmeg Aquatics		860-691-4681	East Lyme	www.nutmegaquatics.com
Farmington Field Club		860-6771209	Farmington	Early summer, Lifeguarding
Faulkner Physical therapy		203-265-0018 x260	Wallingford	Lifeguarding, WSI
Geer YMCA		860-824-2788	North Canaan	Call for more information
Glastonbury Parks & Recreation		860-652-7679	Glastonbury	Spring WSI, also Lifeguarding
Goshen/Woodridge Lake		860-491-9286	Goshen	Summer aquatic programs
Groton (sub-base)		860-694-3562	Groton	Call for information
Hemlocks Recreation Center		860-228-9496 x313	Hebron	Lifeguarding fall/spring, call for more info
Jewish Community Center		860-236-4571	West Hartford	Lifeguarding
Litchfield Parks & Recreation		860-567-7569	Bantam Lake	Summer aquatic programs
Manchester Parks & Recreation		860-647-3164	Manchester	Lifeguarding, WSI
Mansfield Community Center		860-429-3015	Storrs/Mansfield	Lifeguarding programs
Marlborough Parks & Recreation		860-295-6203	Marlborough Lake	Summer Lifeguarding, sometimes WSI

Meriden Parks & Recreation	203-630-4259	Meriden	Call for information
Meriden YMCA	203-235-6386	Meriden	Call for information
Mid-Fairfield Red Cross	203-227-9505 x25	Norwalk	Lifeguarding, WSI
Mystic YMCA*	860-536-3575	Mystic	*YMCA Lifeguarding (also see Westerly 'Y')
New London Parks & Recreation	860-447-5230	New London	Lifeguarding (late spring, call for details)
Newington Recreation	860-665-8666	Newington	Lifeguarding, WSI, call for information
Northwest YMCA	860-379-0708	Winsted	Call for information
Norwalk Parks & Recreation	203-854-7806	Norwalk	Call for information
Orange Parks & Recreation	203-891-2188	Orange	year-round classes in LG & WSI
Plainfield Parks & Recreation	860-564-1819	Plainfield	Indoor Facility, Lifeguarding
Plainville Parks & Recreation	860-747-6022	Plainville	Lifeguarding, WSI
Plymouth Recreation	860-585-4031	Plymouth/Terryville	Summer Lifeguarding
Preston Parks & Recreation	860-889-2482	North Stonington	Early summer training, call for info.
Rocky Hill Parks & Recreation	860-258-2772	Rocky Hill	Lifeguarding, WSI, call for information
School of Swimming	860-563-2804	Rocky Hill	Summer Lifeguarding and swim lessons
Shelton Parks & Recreation	203-925-8422	Shelton	A variety of year-round training
Shoreline Foundation	203-458-6612	Madison	AquaDome, call for a variety of programs
Simsbury Parks & Recreation	860-658-3836	Simsbury	Outdoor facility, call for information
Southeastern CT YMCA	860-889-7349	Norwich	On-going Lifeguarding classes
Southington YMCA	860-628-5597	Southington	Red Cross and 'Y' Lifeguarding offered
SE Fairfield Red Cross	203-576-1010	Trumbull	Call for information
So. Windsor Parks & Recreation	860-648-6355	So. Windsor	Summer aquatic programs
Stafford Parks & Recreation	860-684-5367	Staffordville Lake	June WSI, summer Lifeguarding
Valley Shore YMCA	860-399-9622	Westbrook	e-mail to Jkeogh@vsymca.org
Vernon Parks & Recreation	860-870-3520	Vernon	Outdoor facility, call for information
Wallingford YMCA	203-269-4497	Wallingford	Call for information
Waterford Parks & Recreation	860-444-5881	Waterford	Lifeguarding, WSI, call for details
West Hartford Leisure	860-523-3159	West Hartford	Summer Lifeguarding
Western Conn Red Cross	203-792-8200	Danbury	June programs, call for details
Western Conn State University	203-837-8624	Danbury	Call for more information
Wethersfield Parks & Recreation	860-721-2890	Wethersfield	Lifeguarding programs, call for details
Winding Trails, Inc.	860-677-8229	Farmington	June/July WSI, summer Lifeguarding

To add additional information contact Livia Jacobs at ljacobs@ci.rocky-hill.ct.us or call 860-258-2784				